

# YQ24 SEMINARS

## YOUTH WORKER SESSIONS

### OPTION SESSION 2 - THE LANDING

#### Sid Koop & Rob Chartrand - Building a Resilient Life

A discussion on ministry leaders' high turnover by focusing on cultivating resilient faith through life-structuring habits that deepen one's relationship with Christ for a more fulfilling ministry. We will also explore methods to pass these faith-forming practices onto the youth, ensuring longevity and impact in ministry work.

### OPTION SESSION 3 - RM 226 (LIBRARY)

#### Sid Koop - Re-thinking Identity

Due to societal pressures, students feel weak and uncertain when facing identity challenges. In contrast, the Gospel offers a path of finding identity through God and others first, promising true freedom. Our goal is to develop a youth ministry that guides students to become resilient, compassionate, and truly free individuals.

### OPTION SESSION 4 - RM 226 (LIBRARY)

#### Rob Chartrand - Getting the Gospel

Understanding the true essence of the gospel is crucial for a solid foundation in both our lives and ministries. We will tackle common misconceptions and "pseudo-gospels," aiming to clarify the genuine core of the gospel and its profound implications for personal life and ministry work.

### OPTION SESSION 5 - RM 226 (LIBRARY)

#### Cecily Brennan - Empowering Youth Leaders: Navigating & Equipping for the Complexities of Adolescent Mental Health

Adolescence is a critical period marked by significant changes and challenges, including the impacts of social media, bullying, and increasing mental health issues like depression and suicide. Participants will learn strategies for creating safe spaces for youth to navigate their internal and external experiences.

## OPTION SESSION 2

#### Jared Lacoste - The Faith & Sport Dilemma

Through the integration of faith, life, and sport, each athlete can experience Victory Beyond Competition. Come and explore some practical ways for you to grow in your understanding of who God is during your own athletic pursuit.

#### Caleb Brown - Embracing Beloved Identity: A Journey from Broken Sexual Identity to Wholeness in Christ

Explore the complex issues of sexual identity through the lens of faith, offering insights into God's love and the healing potential for individuals facing confusion and pain.

#### Nathan Archer - What About When I'm Struggling to Believe?

Exploring the complexities of faith due to personal loss, online narratives, or unanswered questions, we'll delve into Jesus' response to our doubts and provide a guide for navigating uncertainties to build a resilient faith.

#### Cecily Brennan - Mental Health, The Stress Response, and Building True Resiliency

Navigating today's societal challenges impacts our mental health, with stress responses playing a complex role. We will illuminate the purpose behind stress, anxiety, and depression, guiding participants toward greater resilience.

#### Grace Nation - Finding Hope and Connection in Broken Families

We will discuss the importance of boundaries and communication in overcoming challenges in broken relationships, focusing on personal experiences with divorced parents and the path toward hope, understanding, and resilience.

#### AJ Crocker - Spotify Habits: How to Find the Best Christian Music

This seminar focuses on discovering exceptional Christian music that aligns with personal tastes. It highlights how listening habits can deepen faith by orienting hearts and minds toward God, making connecting with Him easier.

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## OPTION SESSION 2 - CONTINUED

### **Ellen Duffield – Empowered Leadership: Biblical Insights and Practical Tools for Student Leaders**

*SW: brief mentions of abuse, mental health*

Leading your peers can be both exciting and challenging, having a few more tools in your toolbelt definitely helps. This interactive workshop weaves biblical models, fun activities, and really useful resources to help student leaders (and their youth groups) thrive.

#### **“You Won’t Do Missions”**

Despite the challenges of distance, low or no pay, danger, skepticism, and personal commitments, along with Canada’s global diversity, the obstacles to missions are many. Yet, Jesus’ command remains clear: “Go.”

## OPTION SESSION 3

### **Kyla Gillepsie – Renewed & Transformed: A Journey through Faith, Sexuality & Gender**

Listen to Kyla’s journey of faith as she walked through tensions with gender identity, sexuality, and alcoholism, showcasing the transformative power of God’s grace in her life over the past six years. Gain insights into navigating similar challenges through her personal experiences and testimony.

### **Ashten Miller – What Does the Gospel Have to Do With Sex?**

An exploration into how our sexual nature ties us to a divine reality that surpasses both societal and religious expectations.

### **Jaden Nickel – 99.9% - The Common Percentage of Faith and Science**

We’ll explore the coexistence of science and religion, focusing on creation, evolution, and genetics from a “scientific-Christian” perspective. Participants should come with questions and an open mind, ready to appreciate God’s creation through a scientific lens.

### **Briercrest College – Programs and Information**

What would it be like to come here for College? Every year hundreds of young Christians solidify their faith by choosing Briercrest as their college. The university-level degrees and Bible-college environment help students not only prepare for their careers, but also build a faith that will last a lifetime. Come to this seminar to find out what programs Briercrest College has to offer and why so many young adults choose Briercrest after high school. (Note: This session will also highlight the Kaleo program)

### **Noah Mancuso – The Power of Habit in Spiritual Formation**

Consistent habits, rather than occasional actions, powerfully shape us and bring us closer to Jesus’ transformative power. Noah will guide you in discovering how daily habits can deepen your walk with Jesus and offer practical strategies for real change.

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### **Emily Welty – What I Wish I Had Known: Christianity and Faith After Highschool**

We will address the challenges of transitioning into adulthood at 18, focusing on making decisions with Christ-centered confidence, sustaining faith through life’s changes, and providing practical advice and biblical wisdom to fortify your faith journey.

### **Kaitlyn Cey & Team (Inspire) – Go After Your God Dream!**

Student leaders from Saskatoon, SK, are using their stories to inspire positive change and make Jesus known, working to overcome racial and socioeconomic barriers with hope and encouragement for others to follow their God-inspired dreams.

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### **Business Program – Why Study Business at Briercrest**

Did you know Briercrest offers a university-level Business degree? This is a great session to attend if you are interested in studying agri-business, management, accounting, marketing, finance or running the family business. Come and hear from real students how different a business degree is in a Bible-college environment instead of a university setting.

### **Landon Miller – Trees, Gardens, and the People of God**

Trees are highly significant in the Bible from Genesis to Revelation, symbolizing deep connections between humanity and God's creation. Examine their symbolic importance, and role as "Oaks of Righteousness" in Isaiah 61 and what they teach us about being God's people.

### **Tyrone Dyck – Discovering Your God-Given Purpose**

How do I truly find my passion and purpose in life? Many youth in Canada are asking this question, overwhelmed by the possible options and other voices telling them who to become. However, God is looking to intimately lead all believers with his everyday presence, empowerment, and hope to reveal their God-given identity and purpose.

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### **Sid Koop – Freedom from the Trap of Pornography**

Discussing the significant and expanding influence of pornography on society, we will delve into its consequences and effective responses. A comprehensive strategy will be outlined to encourage grace, healing, and practical methods for personal empowerment or assisting others break free from pornography's hold.

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### **Sarah Archer – Called to Create: Exploring God's Creativity in our Lives and For His Glory**

Join Sarah as she leads a workshop on Creativity and using your gifts to encounter God and bring him glory.

### **TESOL Program – Why Study TESOL at Briercrest**

Learn how a Briercrest TESOL (Teaching English to Speakers of Other Languages) degree opens up opportunities to serve God around the globe. Come hear the testimonies of 3 graduated and current students of the program who will share about the learning experience on campus, the practical application and ministry opportunities while on internships in Cambodia and Hong Kong.

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### **Rhea Peters (Generation Life) – What You Should Know About Abortion *SW: Abortion***

Do you sometimes feel confused, overwhelmed, or uncertain about your perspective on abortion? Particularly since social media, celebrities, and even friends seem to support it. We are here to help! In this session, you will learn some mind-blowing facts about abortion, how it impacts women, and why supporting life makes the most sense. Guys are encouraged to attend as well!