



SR. HIGH RETREAT
APRIL 26-28, 2024

B

WELCOME

TO

YOUTH

QUAKE

We run Youth Quake every year so teenagers and youth workers like yourself can grow in understanding of who God is and what it looks like to follow Him. Our prayer is that you will experience God in an incredibly real way this weekend.

We make sure this weekend is a safe but crazy fun party for you and your group. In our opinion, the party, the activities, and the shared experience are key parts of building strong relationships that God will continue work in for years to come. The concerts are wild, the option sessions are packed, but our priority is to help one another seek the Kingdom.

Every day, we witness the incredible power of God as He works in the lives of our students, and we are fortunate to have such an inspiring and vibrant atmosphere on campus.

We have a ton of fun here at Briercrest, and this is our way of inviting you into the awesome community we call home. We are honoured that you would choose to come to Youth Quake, and we trust that God will draw you more towards Himself while you are here!



Kait Brennan
Director of Youth Quake

YOUTHQUAKE GUIDELINES

Please use the following guidelines to make the most of your time on campus:

1. Everyone will remain on campus for the entire weekend, and everyone is expected to attend all main sessions.
2. Everyone is expected to be in their rooms following the last scheduled event each night. This includes following the Late Night Café.
3. Under NO circumstances are men permitted to enter the women's dorms or women to enter the men's.
4. Several activities during the weekend are outdoors; please dress appropriately for the weather and activity to avoid injury and sickness.
5. Please park all vehicles in the lots specified and leave them there for the entire weekend.
6. The use of drugs or alcohol on campus is strictly prohibited at all times. Please talk to the Info Desk staff about our designated smoking area if required.
7. Our Here4U team is around to give guidance and directions throughout the weekend so that everything can run smoothly and safely. Please respect and listen to their instruction.
8. If you are locked out or otherwise unable to get into your room, please contact your youth leader and then Campus Safety, which is on duty 24/7 at **306-801-5650**.
9. Please wear your Youth Quake wristband at all times; this is your meal ticket and admission to activities; wristbands are not replaceable if removed or lost.
10. Youth Quake staff reserve the right to enforce community standards and guidelines. They also reserve the right to search backpacks and baggage at any time for the purpose of determining whether you are in possession of any prohibited items.

FIRST AID – RM 137 STUDENT DEVELOPMENT OFFICE

IF YOU HAVE AN EMERGENCY OR NEED MEDICAL ATTENTION OF ANY KIND PLEASE SEE A NURSE OR TRAINED STAFF MEMBER IN THE FIRST AID ROOM.

THE INFO BOOTH EDWARDS FOYER

THE INFO BOOTH IS YOUR HUB FOR INFORMATION THROUGHOUT THE WEEKEND. BRING ANY QUESTIONS, COMMENTS OR CONCERNS YOU MAY HAVE OR IF YOU NEED LOST & FOUND.

ISAIAH 61

¹ The Spirit of the Sovereign Lord is upon me, for the Lord has anointed me to bring good news to the poor. He has sent me to comfort the brokenhearted and to proclaim that captives will be released and prisoners will be freed.

² He has sent me to tell those who mourn that the time of the Lord's favor has come, and with it, the day of God's anger against their enemies.

³ To all who mourn in Israel, he will give a crown of beauty for ashes, a joyous blessing instead of mourning, festive praise instead of despair. In their righteousness, they will be like great oaks that the Lord has planted for his own glory.

⁴ They will rebuild the ancient ruins, repairing cities destroyed long ago. They will revive them, though they have been deserted for many generations.

⁵ Foreigners will be your servants. They will feed your flocks and plow your fields and tend your vineyards.

⁶You will be called priests of the Lord, ministers of our God. You will feed on the treasures of the nations and boast in their riches.

⁷Instead of shame and dishonor, you will enjoy a double share of honor. You will possess a double portion of prosperity in your land, and everlasting joy will be yours.

⁸“For I, the Lord, love justice. I hate robbery and wrongdoing. I will faithfully reward my people for their suffering and make an everlasting covenant with them.

⁹Their descendants will be recognized and honored among the nations. Everyone will realize that they are a people the Lord has blessed.”

¹⁰I am overwhelmed with joy in the Lord my God! For he has dressed me with the clothing of salvation and draped me in a robe of righteousness. I am like a bridegroom dressed for his wedding or a bride with her jewels.

¹¹The Sovereign Lord will show his justice to the nations of the world. Everyone will praise him! His righteousness will be like a garden in early spring, with plants springing up everywhere.

PLACES TO EAT

Use the colour of your wristband to determine which meal location you will be eating at for the **whole weekend!**

DINING
HALL

DINING
HALL

ARENA

SUNDAY MEALS

Sunday lunch will not be provided, but we have gathered meal options for you if you would like to stay on campus! The following vendors will be ready to serve you:

FOOD TRIP: ASIAN STREET FOOD — MAIN PARKING LOT

BRAIN FREEZE — MAIN PARKING LOT

EDDIE'S BBQ — MAIN PARKING LOT

BEACON PIZZA — THE BEACON *Pre-order required

SUBWAY — THE BEACON *Pre-order required

CROSSROADS CAFÉ

NEED A SNACK?

CROSSROADS CAFÉ

Friday 8:30am – 10:30pm

Saturday 8:00am – 10:30pm

Sunday 8:00am – 2:20pm

TESOL FUNDRAISER

THE DEN

Friday 10:00pm – 2:00am

Saturday 8:15pm – 2:00am

THE GYM

Friday 2:30pm – 5:00pm

Saturday 1:15pm – 4:45pm

KONA ICE FOOD TRUCK

MAIN PARKING LOT

Friday 2:30pm – 5:00pm

Saturday 1:15pm – 4:45pm

THE BEACON

7:00am – 11:00pm

HOURLASS COFFEE

EDWARDS FOYER

Friday: 1:00PM – 4:45PM;

6:15 – 8:00PM

Saturday: 8:00 – 10:00AM;

1:00 – 6:00PM

Sunday: 8:00AM – 1:00PM

BRAIN FREEZE FOOD TRUCK

Friday 10:00pm – 1:00am

Saturday 1:15pm – 5:00pm;

10:00pm – 1:00am

Looking for a change?

Consider Briercrest Christian Academy



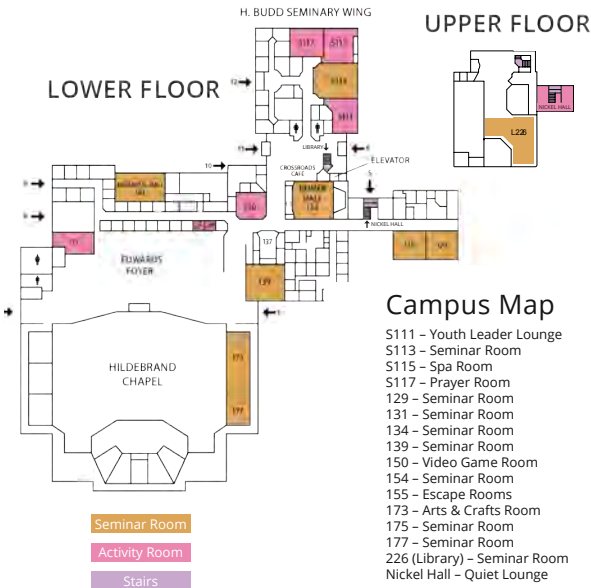
BRIERCREST
CHRISTIAN ACADEMY

- Grades 9-12
- Live in a Dorm
- Find Christian Friends
- Get to know Christian Teachers
- Learn with Biblical truth in all classes

Sign up to get more info:



ACADEMIC BUILDING MAPS



PARTNERS

We are so thankful for our partners who have helped make YQ possible! Stop by their booth to say "Hi" and grab a snack!



HOURGLASS
COFFEE



CYPRESS HILLS
CAMP



TELL US ABOUT
YOUR YQ24 EXPERIENCE!

[YOUTHQUAKE.CA/SURVEY](https://youthquake.ca/survey)



PHOTO GIVEAWAYS

Enter to win one of 4 prize bundles by sharing your favourite YQ photos! Scan the QR code below and pick which category you're entering for – easy as that!

CATEGORY 1: BEST OVERALL YOUTH QUAKE PHOTO

Take photos of option sessions, concerts, or just hanging out with your friends! This is the photo that overall is the best YQ photo.

Prize: YQ Merch Pack

CATEGORY 2: BEST YOUTH GROUP PHOTO

Take a photo as a group at one of our photo booths, at an option session, or anywhere on campus!

Prize: Sunday Lunch on YQ!

CATEGORY 3: BEST BRIERCREST PHOTO

Take photos of or around the Briercrest campus and be entered to win!

Prize: Briercrest Merch Pack

CATEGORY 4: BEST PARTNER PHOTO

Take photos with our partners or at their activities. The full list of partners can be found on the next page.

Prize: Partner Bundle

SCAN TO ENTER



WEEKEND SCHEDULE

YQ Key Activities

Extreme Keep Away**	Gym
Gaga Ball**	Gym
9 Square**	Gym
Inflatables**	Gym
Video Game Room	RM 150
Escape Rooms	RM 155
Spa Room	RM S113
Prayer Room	RM S117
Art Room	RM 173
Disc Golf *	See Info Booth
Cross-Net *	Front Lawn
Spike Ball *	Front Lawn
Connect4Basketball	Edwards
Foosball	Edwards
Ping Pong	Edwards
Merch Booth	Edwards
Briercrest Central	Edwards

* Not available in Option Session 6

**Gym Activities limited in Session 2 & 6

FRIDAY

1:00-5:00pm Registration

Registration Check InFoyer

2:30-5:00pm Option Session 1

4:00-5:00 - The Amazing QuakeFoyer

Axe ThrowingMain Parking Lot

Climbing WallMain Parking Lot

SkateparkMain Parking Lot

Basketball NetsMain Parking Lot

PickleballMain Parking Lot

Pedal CartsMain Parking Lot

Mini SticksThe Rink

PaintballTennis Courts

4:45-6:15pm

Supper Dining Hall/Arena

6:15-6:45pm Kickoff

7:00-8:00pm

Gym Blast The Gym

OJ Dance PartyMain Parking Lot

Trivia Mania The Landing

The Amazing QuakeEdwards

Lounge SpaceThe Den

8:15-10:00pm Main Session

Main Session 1Hildebrand

9:45pm - Youth Group Time Various

10:15pm-12:00am Concerts

10:15 - *OJ the DJ* The Chapel

10:20 - *Jude Barclay* *The Chapel*

11:10 - *Jon Keith* *The Chapel*

10:00pm-2:00am

Late Night Café The Den

Hang Out Time Dining Hall

Karaoke Landing

SATURDAY

7:45-9:15am

Breakfast Dining Hall

8:45-9:45am Option Session 2

8:30 - YW Seminar: Rob & Sid The Landing

Seminar: Jared Lacoste Gym

Seminar: MissionsRM S113

Seminar: Grace NationRM 134

Seminar: AJ CrockerRM 154

Seminar: Caleb BrownRM 139

Seminar: Ellen DufieldRM 177

Seminar: Nathan ArcherRM 175

Seminar: Cecily Brennan RM 226 (Library)

Wake-up with Kyra!Edwards Foyer

The Amazing QuakeEdwards Foyer

Lounge SpaceThe Den

Youth Cake 2.0Edwards Foyer

10:00-11:45am Main Session

Main Session 2Hildebrand

11:30 - Youth Group TimeVarious

11:45am-1:15pm

Lunch Dining Hall/Arena

1:15-2:15pm Option Session 3

YW Seminar: Sid Koop RM 226 (Library)

Seminar: Sarah ArcherRM 129

Seminar: Emily WeltyRM 131

Seminar: Jaden NickelRM 134

Seminar: Ashten MillerRM 139

Seminar: Briercrest CollegeRM 154

Seminar: Kailtyn Cey & Team RM S113

Seminar: Noah MancusoRM 177

Seminar: Kyla GillespieHildebrand

Horse Back Riding Front Lawn

2v2 Beach Volleyball Volleyball Courts
 Youth Cake 2.0 Edwards Foyer
 Climbing Wall Main Parking Lot
 Skatepark Main Parking Lot
 Basketball Nets Main Parking Lot
 Paintball Tennis Courts
 Mini Sticks The Rink
 Card Game Tournaments The Den
 Escape Rooms RM 155
 Briercrest Alumni Coffee Time Edwards Foyer

2:30-3:30pm Option Session 4

YW Seminar: Rob Chartrand RM 226 (Library)
 Seminar: Missions RM S113
 Seminar: Business Program RM 129
 Seminar: Tyrone Dyck RM 131
 Seminar: Grace Nation RM 134
 Seminar: Caleb Brown RM 139
 Seminar: Jared Lacoste RM 154
 Seminar: Nathan Archer RM 175
 Seminar: Ellen Duffield RM 177
 Card Game Tournaments The Den
 Escape Rooms RM 155
 Pedal Carts Main Parking Lot
 Climbing Wall Main Parking Lot
 Skatepark Main Parking Lot
 Basketball Nets Main Parking Lot
 Pickleball Main Parking Lot
 Mini Sticks The Rink
 Paintball Tennis Courts
 Horse Back Riding Front Lawn
 Youth Cake 2.0 Edwards Foyer

3:45-4:45pm Option Session 5

YW Seminar: Cecily Brennan RM 226 (Library)
 Seminar: Kaitlyn Cey & Team RM S113
 Seminar: TESOL Program RM 129
 Seminar: Rhea Peters RM 131
 Seminar: Jaden Nickel RM 134
 Seminar: Sid Koop RM 139
 Seminar: AJ Crocker RM 154
 Seminar: Landon Miller RM 177
 Seminar: Kyla Gillespie Hildebrand
 Escape Rooms RM 155
 Horse Back Riding Front Lawn
 Youth Cake 2.0 Edwards Foyer
 Pedal Carts Main Parking Lot
 Climbing Wall Main Parking Lot
 Skatepark Main Parking Lot
 Basketball Nets Main Parking Lot

Pickleball Main Parking Lot
 Mini Sticks The Rink
 Card Game Tournaments The Den

4:45-6:00pm

Supper Dining Hall/Arena

6:15-8:00pm Main Session

Main Session 3 Hildebrand
 7:45 - Youth Group Time Various

8:15-10:00pm Option Session 6

Escape Rooms RM 155
 YQ's Got Talent Finalists The Landing
 3on3 Basketball Finals Gym
 Youth Cake 2.0 Edwards Foyer
 Bingo Rink Mania Rink

8:15pm-2:00pm

Late Night Cafe Den
 Hang Out Space Dining Hall

10:15-11:15pm

ISLY Worship Concert *The Chapel*

11:15pm-2:00am

Karaoke The Landing

SUNDAY

7:45-9:45am

Breakfast (open until 9:15am) Dining Hall
 Pack Up Foyer

9:30am-12:00pm Main Session

Main Session 4 Hildebrand

11:45am-1:15pm

Optional Lunch Main Parking lot
 Beacon Pizza The Beacon
 Subway The Beacon
 Crossroads Café The Crossroads
 Brain Freeze Main Parking Lot
 Food Trip Main Parking Lot
 Eddie's BBQ Main Parking Lot

See You Next Year at
 YQ25!

* Schedule subject to change.
 If changes occur announcements will be made.

Pursue a **University-Level** Degree in a **Bible College** Environment

Grow your faith while getting a degree in:

- *Business*
- *Psychology*
- *Pastoral Ministry*
- *Childrens Ministry*
- *Biblical Studies*

Earn your degree while experiencing:

- *Godly Mentors*
- *Christian Friends*
- *Biblical Truth in all Classes*
- *Daily Chapel*

Ask about our Education track to become a teacher.

Attend Briercrest College Info Seminar in Option 3

STUDY AGRIBUSINESS AT Briercrest College

Introducing our NEW Agribusiness concentration!

Participate in how Canadian farmers innovate, maximize investments, minimize risk, and support global economic development.



Attend "Why Study Business"
Seminar in Option 4



YOUTH WORKER RESOURCES

If you are here as a youth worker, you are giving up your weekend to help point students to Jesus and we are so thankful for that. These sessions are focused on connecting you to other youth workers and incredible content just for you.

OPTION SESSION 2 – THE LANDING

Sid Koop & Rob Chartrand – Building a Resilient Life

A discussion on ministry leaders' high turnover by focusing on cultivating resilient faith through life-structuring habits that deepen one's relationship with Christ for a more fulfilling ministry. We will also explore methods to pass these faith-forming practices onto the youth, ensuring longevity and impact in ministry work.

OPTION SESSION 3 – RM 226 (LIBRARY)

Sid Koop – Re-thinking Identity

Due to societal pressures, students feel weak and uncertain when facing identity challenges. In contrast, the Gospel offers a path of finding identity through God and others first, promising true freedom. Our goal is to develop a youth ministry that guides students to become resilient, compassionate, and truly free individuals.

OPTION SESSION 4 – RM 226 (LIBRARY)

Rob Chartrand – Getting the Gospel

Understanding the true essence of the gospel is crucial for a solid foundation in both our lives and ministries. We will tackle common misconceptions and "pseudo-gospels," aiming to clarify the genuine core of the gospel and its profound implications for personal life and ministry work.

OPTION SESSION 5 – RM 226 (LIBRARY)

Cecily Brennan – Empowering Youth Leaders: Navigating & Equipping for the Complexities of Adolescent Mental Health

Adolescence is a critical period marked by significant changes and challenges, including the impacts of social media, bullying, and increasing mental health issues like depression and suicide. Participants will learn strategies for creating safe spaces for youth to navigate their internal and external experiences.

YOUTH WORKER LOUNGE — S113

Friday:

2:30pm - 5:00pm
6:00pm - 10:15pm

Saturday:

8:45am - 12:00pm
1:00pm - 5:00pm
6:00pm - 10:15pm

Sunday:

8:30am - 9:30am

SEMINARS - OPTION SESSION 2

Jared Lacoste – The Faith & Sport Dilemma

Through the integration of faith, life, and sport, each athlete can experience Victory Beyond Competition. Come and explore some practical ways for you to grow in your understanding of who God is during your own athletic pursuit.

Caleb Brown – Embracing Beloved Identity: A Journey from Broken Sexual Identity to Wholeness in Christ

Explore the complex issues of sexual identity through the lens of faith, offering insights into God's love and the healing potential for individuals facing confusion and pain.

Nathan Archer – What About When I'm Struggling to Believe?

Exploring the complexities of faith due to personal loss, online narratives, or unanswered questions, we'll delve into Jesus' response to our doubts and provide a guide for navigating uncertainties to build a resilient faith.

Cecily Brennan – Mental Health, The Stress Response, and Building True Resiliency

Navigating today's societal challenges impacts our mental health, with stress responses playing a complex role. We will illuminate the purpose behind stress, anxiety, and depression, guiding participants toward greater resilience.

Grace Nation – Finding Hope and Connection in Broken Families

We will discuss the importance of boundaries and communication in overcoming challenges in broken relationships, focusing on personal experiences with divorced parents and the path toward hope, understanding, and resilience.

AJ Crocker – Spotify Habits: How to Find the Best Christian Music

This seminar focuses on discovering exceptional Christian music that aligns with personal tastes. It highlights how listening habits can deepen faith by orienting hearts and minds toward God, making connecting with Him easier.

Ellen Duffield – Empowered Leadership: Biblical Insights and Practical Tools for Student Leaders

SW: brief mentions of abuse, mental health

Leading your peers can be both exciting and challenging, having a few more tools in your toolbelt definitely helps. This interactive workshop weaves biblical models, fun activities, and really useful resources to help student leaders (and their youth groups) thrive.

“You Won't Do Missions”

Despite the challenges of distance, low or no pay, danger, skepticism, and personal commitments, along with Canada's global diversity, the obstacles to missions are many. Yet, Jesus' command remains clear: “Go.”

SEMINARS - OPTION SESSION 3

Kyla Gillepsie – Renewed & Transformed: A Journey through Faith, Sexuality & Gender

Listen to Kyla's journey of faith as she walked through tensions with gender identity, sexuality, and alcoholism, showcasing the transformative power of God's grace in her life over the past six years. Gain insights into navigating similar challenges through her personal experiences and testimony.

Ashten Miller – What Does the Gospel Have to Do With Sex?

An exploration into how our sexual nature ties us to a divine reality that surpasses both societal and religious expectations.

Jaden Nickel – 99.9% - The Common Percentage of Faith and Science

We'll explore the coexistence of science and religion, focusing on creation, evolution, and genetics from a "scientific-Christian" perspective. Participants should come with questions and an open mind, ready to appreciate God's creation through a scientific lens.

Briercrest College – Programs and Information

What would it be like to come here for College? Every year hundreds of young Christians solidify their faith by choosing Briercrest as their college. The university-level degrees and Bible-college environment help students not only prepare for their careers, but also build a faith that will last a lifetime. Come to this seminar to find out what programs Briercrest College has to offer and why so many young adults choose Briercrest after high school. (Note: This session will also highlight the Kaleo program)

Noah Mancuso – The Power of Habit in Spiritual Formation

Consistent habits, rather than occasional actions, powerfully shape us and bring us closer to Jesus' transformative power. Noah will guide you in discovering how daily habits can deepen your walk with Jesus and offer practical strategies for real change.

"You Won't Do Missions"

Despite the challenges of distance, low or no pay, danger, skepticism, and personal commitments, along with Canada's global diversity, the obstacles to missions are many. Yet, Jesus' command remains clear: "Go."

Emily Welty – What I Wish I Had Known: Christianity and Faith After Highschool

We will address the challenges of transitioning into adulthood at 18, focusing on making decisions with Christ-centered confidence, sustaining faith through life's changes, and providing practical advice and biblical wisdom to fortify your faith journey.

Kaitlyn Cey & Team (Inspire) – Go After Your God Dream!

Student leaders from Saskatoon, SK, are using their stories to inspire positive change and make Jesus known, working to overcome racial and socioeconomic barriers with hope and encouragement for others to follow their God-inspired dreams.

STUDY TESOL AT Briercrest College

Teaching English to Speakers of Other Languages
BA Applied Linguistics: TESOL

Attend "Why Study TESOL at Briercrest?"
Seminar in Option Session 5 to find out more.



A LEADERSHIP PROGRAM OF:



AND



EXCITED TO BE
AT THE FRONT
OF THE CLASS

FIND OUT MORE TODAY
KALEO.CA



SEMINARS - OPTION SESSION 5

Kyla Gillepsie – Renewed & Transformed: A Journey through Faith, Sexuality & Gender

Listen to Kyla's journey of faith as she walked through tensions with gender identity, sexuality, and alcoholism, showcasing the transformative power of God's grace in her life over the past six years. Gain insights into navigating similar challenges through her personal experiences and testimony.

Sid Koop – Freedom from the Trap of Pornography

Discussing the significant and expanding influence of pornography on society, we will delve into its consequences and effective responses. A comprehensive strategy will be outlined to encourage grace, healing, and practical methods for personal empowerment or assisting others break free from pornography's hold.

Jaden Nickel – 99.9% - The Common Percentage of Faith and Science

We'll explore the coexistence of science and religion, focusing on creation, evolution, and genetics from a "scientific-Christian" perspective. Participants should come with questions and an open mind, ready to appreciate God's creation through a scientific lens.

AJ Crocker – Spotify Habits: How to Find the Best Christian Music

This seminar focuses on discovering exceptional Christian music that aligns with personal tastes. It highlights how listening habits can deepen faith by orienting hearts and minds toward God, making connecting with Him easier.

Sarah Archer – Called to Create: Exploring God's Creativity in our Lives and For His Glory

Join Sarah as she leads a workshop on Creativity and using your gifts to encounter God and bring him glory.

TESOL Program – Why Study TESOL at Briercrest

Learn how a Briercrest TESOL (Teaching English to Speakers of Other Languages) degree opens up opportunities to serve God around the globe. Come hear the testimonies of 3 graduated and current students of the program who will share about the learning experience on campus, the practical application and ministry opportunities while on internships in Cambodia and Hong Kong.

Kaitlyn Cey & Team (Inspire) – Go After Your God Dream!

Student leaders from Saskatoon, SK, are using their stories to inspire positive change and make Jesus known, working to overcome racial and socioeconomic barriers with hope and encouragement for others to follow their God-inspired dreams.

Rhea Peters (Generation Life) – What You Should Know About Abortion *SW: Abortion*

Do you sometimes feel confused, overwhelmed, or uncertain about your perspective on abortion? Particularly since social media, celebrities, and even friends seem to support it. We are here to help! In this session, you will learn some mind-blowing facts about abortion, how it impacts women, and why supporting life makes the most sense. Guys are encouraged to attend as well!



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|-----------------------|-----------------------|----------------------|
| 1. GYMNASIUM | 9. ISABEL WHITTAKER | 16. BRYGMANN HALL |
| 2. CHAPEL | 10. HILLSON HALL | 17. SUNDBO PLACE |
| 3. ACADEMIC BUILDING | 11. BERGREN PLACE | 18. TECH CENTRE |
| 4. THE BEACON | 12. GUEST HOUSE | 19. THE LANDING |
| 5. THE PILGRIM INN | 13. ELEMENTARY SCHOOL | 20. GLEN MANOR |
| 6. BARKMAN ARENA | 14. BRICK PATH | 21. ELIASON MANOR |
| 7. CAFETERIA | 15. LEWIS APARTMENTS | 22. MAINTENANCE SHED |
| 8. SINCLAIR WHITTAKER | | |

